



Mountain Camp Woodside Weekly Menu 2019

Camp Sessions One, Three, Five & Seven							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B R E A K F A S T	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
	Tater Tots	Hash Browns	Tater Tots	Diced Potato	Potato & Onion	Hash Browns	Tater Tots
		Bacon		Corn Beef Hash		Sausage Link	Ham
	French Toast Sticks	Waffles	Pancakes	French Toast	Waffles	Pancakes	French Toast Stick
	Hot Breakfast Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal	Hot Cereal
	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt

L U N C H	Spaghetti with Meat Sauce	Homemade Chicken Nuggets	Pizza (Variety)	Cheese Quesadillas Rice / Bean / Corn	BBQ Chicken Thighs	Grilled Cheese Sandwiches	Lasagna
	Sautéed Zucchini	Mashed Potatoes	Steamed Spinach	Tort Chip / Salsa			
	Garlic Bread	Steamed Carrots		Churros	Green Peas	Steamed Broccoli	Garlic Bread
	Fruit Salad	Van & Choc Pudding	Fruit Salad		Fruit Salad	Fruit Salad	Fruit Salad
	Assorted Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Salad Bar	Salad Bar
	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes
	Pasta / Marinara Sauce	Pasta / Mar Sauce	Pasta / Marinara Sauce	Pasta / Mar Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce
	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Peanut Butter / Jelly	Peanut Butter / Jelly
Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Asst Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	

D I N N E R	Roasted Garlic Chicken	Grilled Flank Steak	BBQ Ribs	Chicken Tenders	Linguine w/ Alfredo Sauce	Grilled Chicken Breast	Hamburger / Veggie
	Mac & Cheese	Pot Au Gratin	Potato Salad	Mashed Potato	Sautéed Zucchini	Rice Pilaf	French Fries
	Green Beans	Steamed Broccoli	Baked Beans	Pan Gravy	Garlic Bread Sticks	Steamed Cauliflower	Corn on the Cob
	Steamed Rice	Steamed Rice	Buttermilk Biscuits	Roasted Carrots	Steamed Rice		Steamed Rice
			Steamed Rice	Steamed Rice			
	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce
	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu
	Cookies	Fruit Salad	Watermelon	Fruit Salad	Fruit Salad	Fruit Salad	Ice Cream Bars

Menu subject to change without notice.

Bolded Items contain gluten.

* Gluten free options available - Either made to order or reserved for gluten-free campers only.



Mountain Camp Woodside Weekly Menu 2019

Camp Session Two, Four, Six & Eight								
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
BREAKFAST	B	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	
	R	Hash browns	Diced Potatoes	Diced Potatoes	Potatoes & Onions	Hash Browns	Tater Tots	
	E		Corn Beef Hash		Ham	Bacon	Sausage Links	
	A	Pancakes	Waffles	French Toast Sticks	Waffles	Pancakes	French Toast Stick	Waffles
	K	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal
	F	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
	A	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
	S	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt	Assorted Yogurt
T								

LUNCH	L	Grilled Chicken	Beef Taco	Baked Ziti	Hamburger / Veggie	Popcorn Chicken	Cheese Ravioli	BLT's
	U	Au Gratin Potato	Rice / Bean / Corn	Garlic Bread Sticks	Curly Fries	Mashed Potatoes	Sautéed Spinach	Kettle Chips
	N	Steamed Green Pea	Tort Chips / Salsa	Steamed Spinach	Steamed Carrots	Chicken Gravy	Garlic Bread	Mixed Veggies
	C		Churros		Cookies	Steamed Broccoli		Steamed Carrots
	H	Assorted Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Salad Bar	Salad Bar
		Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes
		Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce
		Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Peanut Butter / Jelly	Peanut Butter / Jelly
		Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt

DINNER	D	Pizza	Anniversary Chicken	Hot Dogs	Turkey Tostadas	Spaghetti w/Meatball	Breaded Pork Cutlets	Teriyaki Beef
	I	Steamed Rice	Rice Pilaf	French Fries	Rice / Beans / Corn	Sautéed Green Beans	Mashed Potatoes	Steamed Rice
	N	Italian Veggie Mix	Sautéed Spinach	Mixed Veggies	Tort Chip / Salsa	Garlic Bread	Gravy	Steamed Broccoli
	N			Steamed Rice		Steamed Rice	Steamed Carrots	
	E	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce
	R	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu	Salad Bar / Fruit / Tofu
		Pudding	Fruit Salad	Ice Cream Bars	Fruit Salad	Tiramisu	Fruit Salad	Watermelon

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