



**Mountain Camp Woodside
Weekly Menu
2017**

Week 1							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs
R	Hashbrowns	Tatertots	Diced Potato	Hashbrowns	Tatertots	Diced Potato	Hashbrown
E	Canadian Bacon	Bacon	Sausage Links	Corn Beef Hash	Ham	Canadian Bacon	Bacon
A	French Toast Sticks	Waffles	Pancakes	French Toast	Waffles	Pancakes	French Toast Sticks
K	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal
F	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
A	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
S	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt
T							

L	Pizza (Variety)	Hamburger / Veggie	Vegetarian Lasagna	Indian Chicken Curry	Grilled Cheese Sandwiches	Hot Dogs	Chicken Nuggets
U				Steamed Rice		Curly Fries	Mashed Potato
N	Steamed Spinach	Baked Fries	Green Beans	Green Peas / Naan	Kettle Chips	Mixed Vegetables	Gravy
C	Gluten-Free	Mixed Vegetables	Garlic Bread Sticks	Vegetarian Curry	Steamed Carrots	Fruit Salad	Cut Corn
H	Fruit Salad	Van/Choc Pudding	Fruit Salad	Fudge Bars	Fruit Salad		
	Asst Cold Cuts	Asst Cold Cuts	Asst Cold Cuts	Asst Cold Cuts	Asst Cold Cuts	Salad Bar	Salad Bar
	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes
	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Assorted Breads	Assorted Breads
	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Peanut Butter / Jelly	Peanut Butter / Jelly
	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt

D	Beef Fajitas	Anniversary Chicken	BBQ Ribs	Cajun Catfish	Meat Loaf	Breaded Chicken Cutlets	Cheese Ravioli
	Tortillas / Rice	Rice Pilaf	Potato Salad	Rice Pilaf	Mashed Potatoes		Marinara Sauce
I	Pinto/Black Beans	Roasted Cauliflower	Baked Beans	Sauteed Spinach	Gravy / Green Peas	Steamed Rice	Green Beans
N	Cut Corn / Salsa	Peach Cobbler	Buttermilk Biscuit	Apple Turnovers	Strawberry Short Cake	Steamed Broccoli	Garlic Bread
N	Tort Chips		Watermelon			Lemon Cake	Ice Cream Bars
E	Tres Leche Cake						
R							

Menu subject to change without notice.

Bolded Items contain gluten.

* Gluten free options available - Either made to order or reserved for gluten-free campers only.



**Mountain Camp Woodside
Weekly Menu
2017**

Week 2							
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
B	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled Eggs	Scrambled eggs
R	Hashbrowns	Tatertots	Diced Potato	Hashbrowns	Tatertots	Diced Potato	Hashbrown
E	Canadian Bacon	Bacon	Sausage Links	Corn Beef Hash	Ham	Canadian Bacon	Bacon
A	French Toast Sticks	Waffles	Pancakes	French Toast	Waffles	Pancakes	French Toast Sticks
K	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal	Hot Breakfast Cereal
F	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal	Cold Cereal
A	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad	Fruit Salad
S	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt	Asst Yogurt
T							

L	BBQ Chicken	Mongolian Beef	Baked Ziti Pasta Casserole	Turkey Taco	Popcorn Chicken	Cheese Tortellini	Chicken Tinga Burritos
U	Mac & Cheese	Fried Rice		Mex Rice / Beans	Mashed Potatoes	Marinara Sauce	
N	Steamed Carrots	Asian Veggie Mix	Steamed Spinach	Corn / Salsa	Gravy	Green Beans	Rice / Beans / Corn
C		Brownies	Garlic Bread Sticks	Tortilla Chips	Roasted Vegetables	Garlic Bread	Tort Chips / Salsa
	Fruit Salad		Fruit Salad	Fruit Salad	Fruit Salad		Churros
H	Asst Cold Cuts	Asst Cold Cuts	Asst Cold Cuts	Assorted Cold Cuts	Assorted Cold Cuts	Salad Bar	Salad Bar
	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes	Baked Potatoes
	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Pasta / Marinara Sauce	Assorted Breads	Assorted Breads
	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Salad Bar / Fruit	Peanut Butter / Jelly	Peanut Butter / Jelly
	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt	Dessert / Yogurt

D	Fried Chicken	Grilled Skirt Steak	Roasted Chicken w/ Garlic	Pizza (Variety)	Hamburger / Veggie	Cajun Shrimp	Spaghetti w/ Meat Sauce
	Mashed Potatoes	Baked Potato		Sauteed Zucchini		Rice Pilaf	
I	Gravy	Sauteed Chard	Whole Wheat Pasta	Brownies	Baked Fries	Roasted Carrots	Italian Mixed Veg
N	Green Peas	Devil's Food Cake	Green Beans		Roasted Cauliflower	Van & Choc Pudding	Garlic Bread Stick
N	Choc Chunk Cookies		Tixedo Cake		Berry Cobbler		Tiramisu
E							
R							

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